Strawberry Hibiscus Sorbet

ingredients

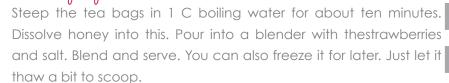
- 4 C frozen strawberries, slightly thawed
- 4 hibiscus-based tea bags*

1/4 C honey

1 pinch salt

*I used Celestial Seasonings® Red Zinger brand tea bags

how to prepare







a gentler and happier approach to health